


Indian cookery on TV

'Indian Food Made Easy'

Indian food is the nation's favourite cuisine, yet few of us cook it from scratch in our own kitchens. In this six-part series Anjum Anand claims that 'Great Indian food doesn't have to be complicated'.

Anjum is the master of stripping traditional dishes down to their basics, from paneer (Indian cheese) to kulfi (Indian ice-cream), and also adds a modern twist to spicy lamb burgers and scrambled eggs.

Six-part series starts Monday, 8.30pm, BBC2. See Time In p172.



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